

## **Give a little-Get a lot! – Hospice & Palliative Care Volunteer Opportunities**

Volunteers are needed to enhance the quality of life for VNA Community Healthcare's Hospice and Palliative Care patients and their families. The nonprofit home healthcare agency is seeking volunteers in: Complementary Therapies (Massage, Reiki, Reflexology, Pet Therapy, Activities such as art and music, Patient Companions (companionship, errands, light housekeeping, Family Caregiver respite), Administrative Support, Bereavement Support, and Pet Companions (dog walking, pet feeding and clean up.)

VNA Community Healthcare's Hospice & Palliative Care program is expanding! As a volunteer you will receive free, mandatory training, the support of a team and unlimited appreciation and gratitude.

If you are a compassionate individual who is a good listener and interested in knowing more about a rewarding experience that will change your life and that of another, contact Jo Ann Begley at 203.458.5950 or [Jbegley@vna-commh.org](mailto:Jbegley@vna-commh.org).