

## Agency Mission Statement

Our mission is to enhance the quality of life for all Hamden residents by providing educational, recreational, and social services through coordinated or direct services.

We enable Hamden residents to acquire or maintain self-sufficiency by providing assistance and support systems which allow them to function independently as productive members of the community.

This program is funded by the Town of Hamden, Community Partners, and generous donors.

Additional information can be found on our website.  
[www.hamden.com](http://www.hamden.com)

## Hours of Operation

Monday – Friday  
9:00am – 4:00pm

Client choice hours:

Every Monday  
12:00pm-2:00pm

Every Tuesday  
2:00pm – 4:00pm

Every Thursday  
12:00pm – 2:00pm

## Donation Information

Donations can be dropped off at the Keefe Community Center Monday through Friday from 9:00am to 4pm or during Food Bank hours.



# Keefe Community Center



## Hamden Food Bank

11 Pine Street  
Hamden, CT 06514

(203)562-5129

Suggested Donation Items

## About Our Food Bank

The Keefe Community Center Hamden Food Bank provides residents of Hamden a three-day emergency supply of food once a month. The food banks provide residents with shelf-stable non-perishable food, frozen meat, fresh produce, and meal kits when available.

Our food bank operates as a “client—choice” model. This helps us reduce food waste and distribute food more efficiently. We believe it is important for residents to feel empowered and have the opportunity to select their own food.

For residents that visit our food bank who have pets at home, we also provide cat and dog food.

Appointments are required to visit the food bank. Proof of residency and family size should be brought to your appointment.



Supporting Wellness at Pantries (SWAP) is a new initiative at our food bank to help promote healthy eating for the Hamden residents we serve. SWAP makes it easier for our food bank to identify and categorize our inventory to ensure we have healthy food choices readily available.

Food provided by the pantry will be categorized as “Green, Yellow, and Red” similar to the colors of a stoplight. Foods that are nutritious and known to support health are labeled as “Green” and should be selected often.

Foods that contribute to health are categorized as “Yellow” and should be picked sometimes. Foods that have limited to no health benefits will be categorized as “Red” and should rarely be selected.

If you would like to support our food bank SWAP initiative, a list of suggested donation items are included.

- Canned fruit in 100% fruit juice
- Unsweetened Applesauce
- Canned Vegetables (no salt or low salt added)
- Tomato or Spaghetti Sauce (no salt or low added)
- Shelf-stable, dry, or evaporated 1% low or fat free milk
- Low sodium soups, Stews, or chili
- Whole grain or whole wheat pasta
- Brown rice
- Whole grain crackers
- Whole grain cereal (sugar 6g or less, fiber 3g or more)
- Popcorn (whole kernel or microwave 94% fat free)
- Oatmeal or cream of wheat, (unflavored)
- Grits (unflavored)
- Peanut Butter
- Canned beans, no salt added (all varieties)
- Canned fish (tuna, salmon, or sardines in water, low sodium)
- Canned chicken (in water, low sodium)

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Every Monday 12:00pm-2:00pm

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Every Thursday 12:00pm – 2:00pm

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