

BASHTA'S MARTIAL ARTS
905 SHEPARD AVE.
HAMDEN, CT 06514
203.248.2274

HAMDEN RECREATION DEPT.
2750 DIXWELL AVE.
HAMDEN, CT 06514
203.287.2579



BASHTA'S MARTIAL ARTS

AND

HAMDEN RECREATION DEPARTMENT

PRESENT AN INTRODUCTORY MARTIAL ARTS PROGRAM

OUR INTRODUCTORY PROGRAM IS DESIGNATED FOR CHILDREN BETWEEN THE THE AGES OF 5 TO 12. AT **BASHTA'S MARTIAL ARTS**, WE TEACH A UNIQUE SYSTEM THAT PULLS THE MOST EFFECTIVE ELEMENTS FROM MANY TRADITIONAL ARTS WHILE INFUSING CONTEMPORARY CONCEPTS. OUR YOUTH KARATE PROGRAM DEVELOPS CORE VALUES SUCH AS SELF-DISCIPLINE, CONFIDENCE AND LEADERSHIP SKILLS. OUR CLASSES COVER SPORT KARATE, WEAPONS TRAINING AND SELF-DEFENSE IN AN EVER-CHANGING AND EXCITING ATMOSPHERE. OUR INSTRUCTORS ARE HIGHLY TRAINED AND MOTIVATED WITH WIDE-RANGING EXPERIENCE. WHETHER YOUR CHILD IS LOOKING FOR AN ACTIVITY TO STIMULATE AND CHALLENGE THEM OR THEY WANT TO BE A CHAMPION, **BASHTA'S MARTIAL ARTS** IS THE PLACE FOR YOU.

OUR INTRODUCTORY PROGRAM RUNS FOR A PERIOD OF TEN WEEKS. IN CASE OF AN UNFORSEEN CANCELLATION, THE MISSED CLASS WILL BE MADE UP AT THE END OF THE TEN CLASSES.

CLASSES MEET ON WEDNESDAYS. THE PROGRAM DATES ARE:

1/23, 1/30, 2/6, 2/13, 2/20, 2/27, 3/6, 3/13, 3/20, 3/27

PROGRAM COST: \$120 W/ FREE UNIFORM

**CLASSES ARE HELD AT SHEPHERD GLEN SCHOOL
CLASS TIME: 6:00PM - 7:00PM**

REGISTRATION FORM

NAME _____

D.O.B _____ AGE _____ MALE _____ FEMALE _____

PHONE _____ EMAIL _____

ADDRESS _____ ZIP CODE _____

SCHOOL _____

WAIVER HOLD HARMLESS

The undersigned parent or guardian of the above named child do hereby agree to waive, release, and hold harmless Bashta's Martial Arts, the Town of Hamden and the agents and employees of both from any and all causes including personal injury. I understand that insurance coverage is my responsibility.

SIGNATURE _____ DATE _____

CHECK: _____ CASH: _____ PLEASE MAKE ALL CHECKS PAYABLE TO BASHTA'S MARTIAL ARTS

CHECK# _____ RECEIPT# _____

RETURN CHECKS TO BASHTA'S MARTIAL ARTS (905 SHEPARD AVE. HAMDEN, CT 06514) OR HAMDEN RECREATION DEPT. // NO REFUNDS